

COLD SPRING HARBOR SCHOOLS
COLD SPRING HARBOR JR. /SR. HIGH SCHOOL
Office of the Director of Physical Education and Athletics

June 2013

Observation and Comment from the Director

FIRST OF ALL CONGRATULATIONS TO ALL OF OUR SENIORS AS THEY MOVE ON TO COLLEGE. We certainly wish you much success as you move into another phase of your life. "Oh the places you'll go".

VARSITY SPORTS HAD A GOOD SPRING:

BOYS TENNIS WON THEIR 5TH CONSECUTIVE COUNTY CHAMPIONSHIP. Under the direction of Coach Ben Marks, our team was extremely successful. We were less fortunate going for another LI Championship but our young men once again prevailed with great class and effort. As we know from past LI Championship matches with Suffolk County in particular Half Hollow Hills East...there is always much drama caused by our foe from Suffolk County. On Thursday after Wednesday's match JP Paris came up to my office and gave me the LI Championship Runner up Plaque. I told him how proud I was of him and his teammates. He smiled and said...we will be back next year. That is a great attitude... Congratulations to AJ Arena, NJ Burkett, George Carmi, Oscar Como, * Conor Dauer; Luc Freilicher; Joe Jarzynka, Greg Kaplan, George Muller, *Conor Mullins, *Sean Mullins, Rory Newman, Jonathan Paris, Chase Plancher, Elijah Rieders, and Nicholas Stamatos on an exceptional season. (* Captains)



Photo credit: Steven Ryan | Connor Mullins (left) and Jonathan Paris of Cold Spring Harbor pose for a photo after winning the fourth place match of the Boys New York State Tennis Championships at the USTA National Tennis Center. (June 1, 2013)



CSH's Dauer wins in 1st round of state tourney

CONOR ALSO DEFEATED ZAIN ALI IN SINGLES AT OUR LONG ISLAND CHAMPIONSHIP MATCH. ZAIN PREVIOUSLY CAME IN 3RD @ THE NYSPHSAA STATE TENNIS CHAMPIONSHIP. CONOR HAD PLACED 6TH IN THE STATE TOURNEY...

JP PARIS, CONOR DAUER, AND CONOR MULLINS ALL MADE ALL STATE THIS PAST YEAR.

VARSITY SOFTBALL HAS GREAT SEASON-FINISHING IN A TIE FOR 1ST PLACE WITH EAST ROCKAWAY.

Our girls had their best season in a very long time. Decked out in their new uniforms we can hang a banner in the field house denoting the success of this team in League II-Conference IV with an 11-1 Conference record. The ladies lost in an early contest to East Rockaway 10-6 at home only to come back in a do or die game vs. East Rockaway at ER and beat them 11-5. The team then travelled to Carle Place High School to play a 1st Round Play In game with East Rockaway. This time East Rockaway came away with the win 12-7. All in all these girls along with Coach Cacioppo had a wonderful season.

VARSITY BOYS AND GIRLS LACROSSE:

Varsity Boys and Girls Lacrosse had very good seasons getting to the County Championship games only to have our Boys fall to perennial nemesis Friends Academy 9-4 in County Finals. Our Girls team lost to their nemesis North Shore 18-13. Nevertheless both teams had very good seasons. Our Boys team again won the Conference IV Championship going undefeated. Girl's team had a great season playing in the top ability league this past season. One goal losses to Farmingdale (State Class A Champion) and Manhasset (State Class B Runner ups) proved to our girls that they could play with anyone. A 3 goal loss to Garden City was equally tough after our girls came back to tie up the game to

go into OT. The future looks bright for both squads. Congratulations to each team and Coaches Dennis



Bonn and Danielle Skakandi.



VARSITY TRACK AND FIELD: Another banner year for our track team in particular our Varsity Girls spring Track Team. 4 x 400 relay team consisting of Drew Alessi, Alexander D'Agostino, Brendan Campbell and Timothy Zhu qualified for County Championships. Two young ladies qualified for the NYSPHSAA State Track Championships: Isabelle Harouche qualified in 1500 meter (setting a school record-4:44.50 and Kelsey Morgan in the Pole Vault with a Nassau County vault of 9'6" ..They both will travel to State Championships on June 7th in Middletown, NY.

At the states...Isabelle bettered her own school record with a 4:43.57 for 5th place in NYS Class B...and Kelsey jumped 9' for 8th place in NYS Class B.

VARSITY CREW: I had the opportunity to go to the Regatta at Oyster Bay late in May. I cannot tell you how overwhelmed by the Crew Organization as I saw the crew boat come into shore with Will

Hammond, Gerry Brogan, Buck Andrews, and Luke Antolin.



A short while later Coach Mendreski and I posed for a picture. I was totally overwhelmed and so very thankful to Coach Mendreski and the CSH Crew Board for honoring me this way. THANK YOU SO VERY MUCH!!!

Some Crew Highlights:

Row for Autism: Men's LWT 4+ V. Larson (Coxing), W. Saffran, C. McGeough, G. Brogan, P. Hubbell- 2nd place.

LI CHAMPIONSHIPS:

Boys LWT 4+ Hannah Fagin (Coxing), W. Saffran, C. McGeough, I. Iversen, P. Hubbell-3rd Place.

NYS CHAMPIONSHIPS: Boys LWT 4+ V. Larson (Coxing). W. Saffran, C. McGeough, I. Iversen, P. Hubbell- 2nd place

SCHOLASTIC NATIONALS: Boys LWT 4+ V. Larson (Coxing), W. Saffran, C. McGeough, I. Iversen, P. Hubbell...finished 7 of 24 teams.

VARSITY BOYS GOLF: Although playing in the fall Coach Lawlor's team finished as Conference Champions again in the Fall season and finished 5th in Nassau County.

VARSITY BASEBALL: Under Coach Greeney team made the Playoffs. Team's overall record was 10-9.



Team lost tough 5-4 game to East Rockaway in single elimination playoff.

VARSITY GIRLS GOLF: Jennifer Rosenberg and Eliza Noesen qualified for Nassau County Girls Golf Tournament. Jennifer Rosenberg made it to State Tournament for 2nd year in a row.

ALL SPRING TEAMS ARE NEW YORK STATE SCHOLAR-ATHLETE TEAMS...Good on the field of play and good in the classroom:



VARSITY BOYS LACROSSE: 93.636
VARSITY GIRLS LACROSSE: 91.909
VARSITY SPRING TRACK BOYS: 95.583
VARSITY SPRING TRACK GIRLS: 98.333
VARSITY BASEBALL: 94.727
VARSITY SOFTBALL: 95.818
VARSITY BOYS TENNIS: 94.333
VARSITY GIRLS GOLF: 92.857

CONGRATULATIONS TO ALL OF OUR SPRING TEAMS AND THEIR STUDENT-ATHLETES. MORE AWARD INFORMATION WILL BE POSTED ON OUR DISTRICT WEBSITE UNDER ATHLETIC PROGRAMS LINK.

Congratulations to Ms. Mercer better known to many as "Salty"...A magnificent Lady, with a Warm and Great Heart...who loved the children at Cold Spring Harbor and dedicated her time and talents to

so many students in the classroom and in the athletic arena. "T"we wish you the Best of Everything!!!

AS I FINISH UP MY 47TH YEAR IN EDUCATION AND ALSO MY 14TH YEAR HERE AT COLD SPRING HARBOR I AM NOT READY TO GIVE YOU MY CLOSING STATEMENT. I AM VERY THANKFUL FOR HAVING THE OPPORTUNITY OF BEING HERE AT COLD SPRING HARBOR AND I WOULD LIKE TO WAIT TO FORMULATE MY WORDS FOR A FORMAL "SO LONG" ...NOT GOODBYE...IN THE VERY NEAR FUTURE.

"It is the choices that make us who we are and we can always choose to do what is right"

"GO WHERE THERE IS NO PATH AND BLAZE A TRAIL OF GLORY"

Jim Amen Jr.

